



The

Criterion

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**More
deacon
ordination
photos**

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MAKING HISTORY 25 men ordained permanent deacons



The 25 archdiocesan deacon candidates lay prostrate in prayer during the praying of the litany of the saints just moments before Archbishop Daniel M. Buechlein ordained them as the first class of permanent deacons in the history of the Archdiocese of Indianapolis. The ordination liturgy took place on June 28 at SS. Peter and Paul Cathedral in Indianapolis.

By Sean Gallagher

History was made on June 28 at SS. Peter and Paul Cathedral in Indianapolis.

That day, Archbishop Daniel M. Buechlein ordained the first class of 25 permanent deacons in the history of the Archdiocese of Indianapolis.

"That two-hour service was part of the history of the archdiocese," Deacon John Thompson of St. Augustine Parish in Jeffersonville said after the liturgy. "And it was a huge part, as far as I'm concerned. I was a part of it. Wow."

The new permanent deacons will be ministering in parishes and in the broader community in such places as jails, prisons, hospitals and nursing homes.

They will be baptize, witness marriages and preside over funeral services. At Mass, they will be able to proclaim the Gospel and preach, but will not serve as celebrant or consecrate the Eucharist.

In the ministry of the word, the deacons will teach the faith and provide pastoral guidance.

The deacons' ministry, however, will be focused on charity.

This ministry will flow from their ordination, which was marked by solemn rituals and heartfelt love shown by the friends and relatives of the new deacons that packed the cathedral.

"You felt love and the Spirit all the way through," said Cindy Stratman, the wife of Deacon Michael Stratman. "I felt that I completely gave him to Jesus



Deacon candidate Arthur Alunday ritually places his hands in the hands of Archbishop Daniel M. Buechlein during the ordination liturgy while promising to be obedient to him and his successors. Altar server David Marotte, a member of St. Michael Parish in Greenfield, holds a book containing the ordination rituals.

today."

Deacon Stratman, who will minister at St. Patrick and St. Margaret Mary parishes and at Union Hospital in Terre Haute, had a large contingent of relatives in attendance.

He is the oldest of 13 siblings, and has four children and 12 grandchildren.

"I'm very proud that they're here," Deacon Stratman, 53, said after the liturgy. "I'm very humbled that they allowed me to give part of my life to the Lord in a different way through the Church.

"I was thinking of each one of them and praying for them [during the liturgy]. I hope that I can minister to them as much as to the people of the Church."

Deacon Stratman's youngest sister, Amy Stratman, 31, attended the ordination. She delayed her wedding until the fall so her brother could officiate at it.

"I was so proud and so amazed that

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Pope opens year of St. Paul, says Apostle should serve as model

ROME (CNS)—Joined by other Christian leaders, Pope Benedict XVI opened the year of St. Paul and said the Apostle's courageous witness to the faith should serve as a model for contemporary Christians.



Pope Benedict XVI said at an evening prayer service on June 28 in the Rome Basilica of St. Paul Outside the Walls.

The liturgy had a strong ecumenical tone. Accompanied by Orthodox Ecumenical Patriarch Bartholomew of Constantinople and representatives of Orthodox and Anglican Churches, the pope lit the first candle from a large lamp that will burn in the basilica's portico throughout the coming year.

Then the pontiff led a procession through the "Pauline door" into the church, which was built near the site of St. Paul's martyrdom and holds his tomb. It was the inaugural event of a jubilee year that will run until June 29, 2009, in commemoration of the 2,000th anniversary of the Apostle's birth.

Seated near Patriarch Bartholomew, the pope said in a homily that the Pauline year should send a strong signal of Christian unity. He warmly greeted the other Christian representatives, including many who had come from areas where St. Paul had evangelized—in the Holy Land, Syria, Greece, Cyprus and Asia Minor.

St. Paul understood the essential value of Christian unity because he understood the Church as the "body of Christ," the pope said. In St. Paul's time and in every age, repairing divisions is an urgent task, he said.

"Who was this Paul?" the pope asked in his sermon. He cited the saint's own self-description as a Jew who was educated in Jerusalem according to strict ancestral law, and who later became, through an encounter with Christ, the "teacher of the gentiles in faith and truth."

The Apostle's vocation endures, the pope said.

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DEACONS

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my brother could do something like that," said Stratman, who lives in Lincoln, Neb. "He's going to be an awesome deacon."

Whether they are ministering to their families or the broader Church, the new deacons, as ordained members of the clergy, will be special sacramental signs of Christ for all the faithful.

"Dear sons and brothers, you are to be raised to the order of the diaconate," Archbishop Buechlein said in his homily. "The Lord has set an example that just as he himself has done, you also should do."

"As deacons, that is, as ministers of Jesus Christ, who came among his disciples as one who served, do the will of God from the heart: Serve the people in love and joy as you would the Lord."

Joy was on the mind of Father Clement Davis, pastor of St. Bartholomew Parish in Columbus, as he talked about Deacon William Jones, who will be ministering at the Seymour Deanery parish.

"Bill is a man of joy," said Father Davis. "I would just hope that he would continue as a deacon to bring that joy to all the people that he serves. He is a real light and an uplifting factor in the lives of the people he knows and works with now."

Sharing that joy will be important at the start of Deacon Jones' ministry because it will be focused on comforting the dozens of members of St. Bartholomew Parish whose homes were severely damaged by flooding last month.

Deacon Jones injured his left arm while helping his employer, Mariah Foods, recover from the flooding.

"The last four weeks have been an incredible experience for me," he said. "It showed how God really does work in my life. To see everything build up and have everything culminate with today's ordination, it's amazing how God works in our lives and how we have to trust in him."

The ordination was a culmination of five years of intense ministry for



Benedictine Father Bede Cisco, who—as director of the archdiocesan office of deacon formation—led the 25 men through their discernment and formation.

"I'm delighted with the movement of the Spirit among them," he said. "And the Spirit will continue to work through them for the service of many people. I hope that they'll remember that they're always servants and bring that image of Christ the servant to every situation that they're in."

Becoming a sacramental image of Christ was on the mind of Deacon Donald Dearman, who will minister at St. Rita Parish and at Marion County



Above, Deacon candidate William Jones and his wife, May, process into SS. Peter and Paul Cathedral in Indianapolis on June 28 at the start of the liturgy during which William was ordained a permanent deacon.

Left, While processing into SS. Peter and Paul Cathedral in Indianapolis on June 28, Archbishop Daniel M. Buechlein and several priests walk by the 25 men who were ordained as permanent deacons during the liturgy that followed.

himself touching him.

"That's what I felt," he said. "And, in a sense, that's what it was. He was calling down the Holy Spirit on me. I've been going through all this for years. But at the touch of that hand, there was a transformation. That was Jesus entering into me."

(For more photos from the ordination, log on to www.CriterionOnline.com. For profiles on the new deacons and more articles about them, log on to www.archindy.org/deacon.) †

Jail #1, both in Indianapolis.

It was also at the heart of the ordination liturgy when Archbishop Buechlein laid his hands on Deacon Dearman's head.

Deacon Dearman said it was like God

Correction

In the June 27 issue of *The Criterion*, it was noted incorrectly that then-deacon candidate Wesley Jones was going to minister at St. Barnabas Parish in Indianapolis. He will be ministering at St. Jude Parish in Indianapolis. †

Official Appointment

Effective July 2, 2008

Deacon Donald Dearman, ordained on June 28, 2008, to St. Rita Parish in Indianapolis and Marion County Jail #1 for the ministry of charity.

This appointment is from the office of the Most Rev. Daniel M. Buechlein, O.S.B., Archbishop of Indianapolis. †

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July 16 Mass of Thanksgiving to celebrate Carmelite sisters' ministry

By Mary Ann Wyand

Archdiocesan Catholics are invited to celebrate the feast of Our Lady of Mount Carmel on July 16 at SS. Peter and Paul Cathedral during a Mass of Thanksgiving for the Carmelite sisters who recently moved from Indianapolis to Oldenburg.

"Everyone is invited to the 6 p.m. Mass at the cathedral," said Msgr. Joseph F. Schaedel, vicar general. "We hope to have a large crowd of people here to celebrate with us and the sisters. After the Mass, there will be a simple reception across the street at the [Archbishop O'Meara] Catholic Center and some light refreshments."



Sr. Jean Alice McGoff, O.C.D.

On June 30, the nine members of the Indianapolis Carmel moved from the

Monastery of the Resurrection at 2500 Cold Spring Road to Theresa Hall on the campus of the motherhouse of the Sisters of the Third Order of St. Francis in Oldenburg.

The Archdiocese of Indianapolis recently purchased the 17-acre monastery property for use as the Bishop Simon Bruté College Seminary.

"Many Catholics my age would remember the great crowds that attended the [outdoor] Carmelite novena at the Carmelite monastery when novenas were a more popular form of devotion in the Church," Msgr. Schaedel said. "The culminating night of the novena would always be on the feast of Our Lady of Mount Carmel on July 16."

The vicar general said the archdiocese

is grateful to the sisters for their seven decades of contemplative prayer at the Indianapolis Carmel.

"We are appreciative of so many things in the Carmelite sisters' tradition of all their years here in Indianapolis," Msgr. Schaedel said. "When I was meeting with the sisters about the transfer of property, they reminded me that part of their charism—according to their great refoundress, St. Teresa of Avila—is to pray for priests. They have always prayed for priests and will continue to do so. We appreciate that."

"We also appreciate their presence all these years in Indianapolis," he said, "and all that they have contributed to the spirituality of so many people who have come to the Carmelite monastery as a place of peace and prayer. We're also very grateful that the sisters are not leaving the archdiocese."

In 2007, the Indianapolis Carmel marked 85 years as a Carmelite foundation, first in New Albany then 75 years of contemplative prayer at the Monastery of the Resurrection.

Carmelite Sister Jean Alice McGoff, prioress of the Indianapolis Carmel, said as the sisters "go deeper into the solitude and quiet of our new home on the rural campus of the Franciscan sisters, our intercession for all those we love and the world community will only expand."

She said the sisters are discontinuing their Web site—www.praythenews.com—but its spirit will "live on as we redirect our energy into a new path of prayer and contemplative mindfulness that was the heart of its message."

(The Carmelite sisters' new mailing address is P.O. Box 260, Oldenburg, IN 47036-0100. Their telephone number is 812-932-2075 and their e-mail address is indycarmelites@yahoo.com.) †

Photo by Mary Ann Wyand



This statue of St. Teresa of Avila, also known as St. Teresa of Jesus, graces an alcove on the front wall of the Carmelite Monastery of the Resurrection in Indianapolis. In 2007, the Indianapolis Carmel marked 85 years as a Carmelite foundation, first in New Albany then 75 years of contemplative prayer at the monastery at 2500 Cold Spring Road.

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Editorial



Fireworks light up the sky over Washington for Independence Day on July 4. Seen from front in this file photo are the Lincoln Memorial, Washington Monument and the U.S. Capitol.

Proud to be Americans

This July 4, we celebrate the 232nd anniversary of the signing of the Declaration of Independence.

Only one Catholic, Charles Carroll of Carrollton, Md., signed that document, but it is remarkable that he was a member of the Continental Congress since, in those days, Catholics in most of the colonies couldn't vote and were discriminated against throughout the colonies.

Despite the discrimination and frequent acts of violence against Catholics in our history, Catholics have always been among the most patriotic.

That was demonstrated before the Declaration was signed. On Feb. 15, 1776, the Continental Congress asked Charles Carroll, his cousin, Father John Carroll, Benjamin Franklin and Samuel Chase to go to Canada to try to gain the support of the Canadians for the Revolution. The Carrolls did so despite the fact that Catholics in Canada were well disposed toward England because England had granted them religious freedom with the passage of the Quebec Act in 1774.

Catholics might have been able to expect greater tolerance from England than from other colonists. Nevertheless, most of them supported the Revolution and fought for it. President George Washington acknowledged that at the time of his inaugural when he told John Carroll, then the U.S.'s first Catholic bishop, "I presume that your fellow citizens will not forget the patriotic part which [Catholics] took in the accomplishment of their Revolution, and the establishment of your government."

During the Civil War, Archbishop John Hughes of New York was sent by Abraham Lincoln to France to try to win the support of Emperor Napoleon III for the North. The leadership of both the northern and southern armies was heavily Catholic. There were 50 Catholic generals in the Union Army, and 20 with the Confederacy.

Catholics fought in that war in far greater proportion than those of other religions. This was partially because so many of them were poor immigrants who were drafted into the army. Wealthy men could get exemptions or pay \$300 for a substitute, but few Catholics could come up with that sum. The most famous of the Catholic groups was the Irish Brigade of New York's Sixty-Ninth Regiment. It

began with 3,000 men. By the war's end, only 530 were left.

The University of Notre Dame's Father William Corby was the Irish Brigade's chaplain. A bronze statue of him is on the Gettysburg battlefield. Another chaplain, who won the Medal of Honor, was Father John Ireland, later the Archbishop of St. Paul.

Then there were the nuns. More than 600 of them volunteered as nurses immediately behind the battle lines. They are the inspiration for the monument "Nuns of the Battlefield" in Washington.

During World War I, the most celebrated chaplain was Father Francis P. Duffy, who served with the legendary Col. "Wild Bill" Donovan in the "Fighting Sixty-Ninth" Irish regiment. In World War II, it was Gen. (Bishop) William R. Arnold, the first Catholic chaplain to be buried in Arlington National Cemetery.

During WW II, all five sons of Mr. and Mrs. Tom Sullivan—George, Frank, Joseph, Madison and Albert—died when the Japanese sank their ship, the *Juneau*. A movie was made about the brothers and a warship was named after them.

Of course, many Catholics also served in Korea, Vietnam, in the first Iraq war and still today.

But it wasn't just in wars that Catholics proved their patriotism. At the end of the 19th century and the first part of the 20th century, Cardinal James Gibbons was adviser to six presidents. Former President Theodore Roosevelt said to him in 1916, "You now occupy the position of being the most respected and venerated and useful citizen of our country."

Other prelates noted for their patriotism included Archbishop Ireland, Archbishop Fulton Sheen, Cardinal Francis Spellman and Cardinal John O'Connor.

The philosophy of the Declaration is the philosophy of the Church. Both teach that all people are created equal and are endowed by God with certain rights. Furthermore, St. Robert Bellarmine (1542-1621) wrote, "If there be a lawful cause, the multitude may change the kingdom into an aristocracy or democracy." That's similar to what Thomas Jefferson wrote in 1776.

We Catholics are proud to be Americans.

— John F. Fink

Be Our Guest/Don Striegel

Community's generosity helps St. Vincent de Paul Food Pantry through critical June shortage

Just a few weeks ago, the St. Vincent de Paul Food Pantry, 3001 E. 30th St., in Indianapolis, was facing a critical shortage of food to be distributed to needy clients, which number more than 2,100 households served per week—yes, each week.

We had plenty of crackers, snacks and bottled drinks, but pantry clients, who choose products that meet their particular nutritional needs and/or personal preferences, did not have the variety and quantity that we hope to provide for each visit.

The pantry's food procurement team worked vigorously to solicit and purchase food from existing and new sources, but availability was very limited, non-existent or too costly.

It seems that food brokers across the country were buying and reselling products that may have previously been donated to food banks. Thus, local pantries that regularly acquire food from these food banks—for a handling fee—experienced grave shortages.

Leadership at the St. Vincent de Paul Pantry began to develop contingency plans in the event that the food supply did not increase. Some potential actions were to reduce shopping hours or limit the number of items allowed per visit. The pantry's procurement team was successful in finding additional food sources, but the pricing in many cases was beyond our already stretched budget.



Thankfully, for now, the pantry did not have to activate contingency plans. Recent donations and food drives, such as the postal workers "Help Stamp Out Hunger" collection on May 10, have restocked food banks and pantries.

However, we know from past years that food donations typically do not pick up until September or October so potential shortages still exist. Thus, we cannot be complacent just because shelves are full.

St. Vincent de Paul Pantry officials will continue to redouble their procurement efforts, and hope to provide the same quantity and quality of food and other essentials this summer that clients have come to expect year-round.

In a few weeks, several retail stores will advertise "Christmas in July" sales to offset their typical seasonal decline in customer spending.

At the St. Vincent de Paul Pantry, we are grateful for "Thanksgiving in June" whereby the community responded with donations to help us navigate a difficult period. Thank you for your generosity, and please continue to share your blessings with the less fortunate.

For more information on the charitable works of the St. Vincent de Paul Society in the Indianapolis area, or to make a donation to support the pantry, please go to our Web site at www.SVDPindy.org. Note that we are a 100 percent volunteer organization so every dollar goes to direct aid.

As a faith-based charity, we appreciate your prayers, sacrifices and support of our ministry to those in need.

(Don Striegel is the St. Vincent de Paul Food Pantry volunteer coordinator.) †

Letters to the Editor

Catholic Conference's immigration series didn't tell whole story, reader says

Your seven articles about immigration in Indiana have failed to distinguish the difference between immigrants and illegal aliens.

Webster's Dictionary defines an immigrant as "a person who comes to a country for the purpose of permanent residence," and an alien as a "foreign-born resident who has not been naturalized and is still a subject or citizen of a foreign country." Illegal is defined as "not according to or authorized by law, unlawful."

Legal immigrants have always been welcomed to the United States. Most, however, have had to work as low-paying laborers.

My father came to the United States from Hungary in 1905 through Ellis Island. He worked for 40 years in

the foundry of the International Harvester Company in Richmond.

His starting pay was less than 10 cents an hour. He worked about 50 to 60 hours a week. The working conditions in the hot and dusty foundry were difficult. Temperatures in the summer reached 130 degrees. He was extremely proud when he was naturalized in 1923.

I take great exception to your statements that we are mistreating immigrants. Immigrants who come to the front door and wait their turn in the immigration process will be welcome as long as they assimilate into the country.

People who sneak into this country should not expect to be treated like or receive the benefits of citizens.

Anthony Svarczkopf
Indianapolis

Letters Policy

Letters from readers are published in *The Criterion* as part of the newspaper's commitment to "the responsible exchange of freely-held and expressed opinion among the People of God" (*Communio et Progressio*, 116).

Letters from readers are welcome and every effort will be made to include letters from as many people and representing as many viewpoints as possible. Letters should be informed, relevant, well-expressed and temperate in tone. They must reflect a basic sense of courtesy and respect.

The editors reserve the right to select the letters that will be published and to edit

letters from readers as necessary based on space limitations, pastoral sensitivity and content (including spelling and grammar). In order to encourage opinions from a variety of readers, frequent writers will ordinarily be limited to one letter every three months. Concise letters (usually less than 300 words) are more likely to be printed.

Letters must be signed, but, for serious reasons, names may be withheld.

Send letters to: "Letters to the Editor," *The Criterion*, P.O. Box 1717, Indianapolis, IN 46206-1717. Readers with access to e-mail may send letters to criterion@archindy.org.

ARCHBISHOP/ARZOBISPO DANIEL M. BUECHLEIN, O.S.B.



SEEKING THE FACE OF THE LORD

BUSCANDO LA CARA DEL SEÑOR

Care for others and pray for Mary's intercession

(Fourth in a series)

“Were you there when he looked into her eyes?”

The Fourth Station on the Way of the Cross commemorates the meeting of the tortured Jesus and his afflicted mother. Their eyes must have met in deep sorrow and also with profound love.

The timing of Mary's encounter seems to indicate that she knew her son needed her to appear to him just after his fall to the ground. Even in the hour of his disgrace, Mary stood by her son. Jesus gave us his mother to stand by us as well.

From Jesus' infancy, Mary was informed by Simeon in the temple that a sword of sorrow would someday pierce her heart alongside her suffering son.

Jesus and Mary share a mutual sorrow. She grieves for his suffering. He suffers for her grieving. Both son and mother are powerless in the face of their grief.

This sorrowful meeting of mother and son in the midst of the suffering of Jesus is a witness of the power of “being with” another who suffers. Isn't it a common experience to sense the helplessness of wanting to relieve a suffering person of his or her pain?

How many mothers have been with a daughter or son or husband in their hour of need? How many have done what they could to help another who is helpless?

I have recounted before my own experience of my Mom being with me

after surgery; she was giving me ice chips when I wanted something more to eat and drink. Her being there meant so much, yet I suspect she wanted to do more.

Many years later, my brother and Dad and I were standing by her as she was in grave condition fighting a critical illness. And all we could do was to be there with her. Being with another person in pain of any kind is a reminder of something like what the mother of Jesus experienced.

If we reverse our thoughts for a moment, we can only imagine the sentiments of Jesus at that encounter on the way to Calvary, just after he fell to the ground.

We know that he was worried about his mother. Who would take care of her after his Passion and death? We know that because one of his last acts from the Cross was to ask his beloved disciple, John, to take care of her, and she him.

I remember an experience I had at the deathbed of a young cousin. He suddenly sat up, looked at me with great anguish, and asked who would take care of his wife and young daughter.

In his last moments, his thoughts were not about himself, but about his loved ones. I was deeply moved, and tried to reassure him that we would take care of them and tried to help him put them in God's hands.

Our reflection and prayer about the encounter of Mary and Jesus on his way to execution can take so many directions.

Mary shared the Passion of her son. In this “being with,” she also acted as a witness to our redemption. Her suffering was real and surely her presence with Jesus in his Passion has a deep meaning for us.

When we encounter suffering of any kind, we can call out to the mother of Jesus to help us, to be with us and to intercede for us with her now victorious son. We can do so with confidence because, from the Cross, Jesus gave us his mother as our mother. Devotion to Mary in the time of our need has a strong foundation and is recorded in the Gospel for all eternity.

Needless to say, the role of Mary as helper and consoler is an example held up for our emulation. After all, it is also recorded in the Gospel that we, like the disciple John, are to receive her in our care.

We need to take seriously our vocation to be sensitive to and recognize the needs of other people. This is no small challenge because we live in a particularly self-centered culture where the overwhelming message is “take care of me first.”

As we pray at this Fourth Station of

the Cross, it is fruitful to think about and pray for the habit of vigilance, of watching out for the needs of those around us. Like other habits, keeping an eye out for those who suffer, especially those who suffer silently, requires intentional practice.

Looking out for the needs of others requires sacrifice. My friend, retired Archbishop James P. Keleher of Kansas City, often says, “Friendship costs.”

We go the extra mile for friends even when it is inconvenient. The story of Jesus and Mary tells us that our friends are not only those we choose. †

Do you have an intention for Archbishop Buechlein's prayer list? You may mail it to him at:

Archbishop Buechlein's
Prayer List
Archdiocese of Indianapolis
1400 N. Meridian St.
P.O. Box 1410
Indianapolis, IN 46202-1410

Archbishop Buechlein's intention for vocations for July

Men Religious: that the special gifts their communities bring to the Church may be more widely appreciated and encouraged.

Preocúpate por los demás y reza por la intercesión de María

(Cuarto de la serie)

“¿Estabas allí cuando la miró a los ojos?”

La Cuarta Estación del Vía crucis rememora el encuentro de un torturado Jesús con su afligida madre. Sus ojos debieron de encontrarse en un intenso dolor y también con profundo amor.

El momento del encuentro de María pareciera indicar que sabía que su hijo necesitaba su presencia justo después de su caída al suelo. Aún en su hora de desgracia, María estuvo al lado de su hijo. Asimismo, Jesús nos entregó a su madre para que estuviera a nuestro lado.

Desde la infancia de Jesús, Simeón informó a María en el templo que una espada de dolor atravesaría un día su corazón junto a su hijo agonizante.

Jesús y María comparten un dolor común. Ella se aflige por su dolor. Él sufre por su aflicción. Tanto el hijo como la madre se encuentran impotentes ante sus sufrimientos.

Este encuentro doloroso de madre e hijo en medio del sufrimiento de Jesús es testimonio del poder de “acompañar” a otro que sufre. ¿No es acaso una experiencia bastante común la sensación de impotencia al desear aliviar el dolor de una persona que sufre?

¿Cuántas madres han estado con un hijo, una hija o un esposo en su hora de necesidad? ¿Cuántos han hecho lo que está a su alcance para ayudar a otro indefenso?

He relatado antes mi propia experiencia con mi madre quien estuvo a mi lado después de una cirugía; me daba trozos de

hielo cuando quería algo más para comer y beber. Que estuviera allí significó tanto y sin embargo sospecho que ella habría querido hacer más.

Muchos años más tarde mi hermano, mi padre y yo la acompañamos mientras se encontraba grave, luchando una seria enfermedad. Y lo único que podíamos hacer era estar allí con ella. Acompañar a otra persona que padece un sufrimiento de cualquier tipo es un recordatorio de algo similar a lo que experimentó la madre de Jesús.

Si invertimos nuestros pensamientos por un momento, tan sólo podemos imaginarlos los sentimientos que experimentó Jesús en ese encuentro camino al Calvario, justo después de haber caído al suelo.

Sabemos que estaba preocupado por su madre. ¿Quién cuidaría de ella después de su pasión y muerte? Lo sabemos porque uno de sus últimos actos desde la Cruz fue pedirle a su amado discípulo Juan que cuidara de ella, y a ella que cuidara de él.

Recuerdo una experiencia que viví en el lecho de muerte de un joven primo. Repentinamente se sentó, me miró con gran angustia y preguntó quién cuidaría de su esposa y su pequeña hija.

En sus últimos momentos, sus pensamientos no fueron sobre él, sino sobre sus seres queridos. Me sentí profundamente conmovido y traté de asegurarle que cuidaríamos de ellas e intenté ayudarlo a que las colocara en las manos de Dios.

Nuestra reflexión y oración sobre el encuentro de María y Jesús en su camino a la ejecución puede orientarse en distintas direcciones.

María compartió la pasión de su hijo. En ese “acompañar” también fungió como testigo de nuestra redención. Su sufrimiento fue real y ciertamente su presencia durante la pasión de Jesús tiene un profundo significado para nosotros.

Cuando encontramos sufrimientos de cualquier clase podemos suplicarle a la madre de Jesús que nos ayude, que nos acompañe y que interceda por nosotros ante su hijo ahora victorioso. Podemos hacerlo con confianza porque desde la Cruz Jesús nos entregó a su madre como nuestra madre. La devoción a María en nuestros momentos de necesidad tiene un fundamento sólido y se encuentra plasmado en el Evangelio para toda la eternidad.

Obviamente, el papel de María como ayudante y consoladora es un ejemplo que debemos seguir. Después de todo, en el Evangelio también se evidencia que, al igual que el discípulo Juan, debemos recibirla y cuidarla.

Debemos tomar en serio nuestra vocación a ser sensibles y reconocer las necesidades de las otras personas. Este no es un reto diminuto ya que vivimos en una cultura particularmente egocéntrica en la que el mensaje abrumador es “ocuparme de mí mismo primero.”

Mientras rezamos en la Cuarta Estación de la Cruz, resulta provechoso pensar y

rezar para crear el hábito de estar vigilantes, de estar alerta a las necesidades de aquellos que nos rodean. Al igual que otros hábitos, estar atentos a aquellos que sufren, especialmente a aquellos que sufren en silencio, exige una práctica intencional.

Estar alerta a las necesidades de los demás requiere sacrificio. Mi amigo, el Arzobispo retirado James P. Keleher de Kansas City, dice a menudo: “la amistad cuesta.”

Nos esforzamos más por nuestros amigos, incluso cuando es inconveniente. La historia de Jesús y María nos enseña que nuestros amigos no son solamente aquellos que escogemos. †

¿Tiene una intención que desee incluir en la lista de oración del Arzobispo Buechlein? Puede enviar su correspondencia a:

Lista de oración del Arzobispo
Buechlein
Arquidiócesis de Indianapolis
1400 N. Meridian St.
P.O. Box 1410
Indianapolis, IN 46202-1410

Traducido por: Daniela Guanipa,
Language Training Center, Indianapolis.

La intención de vocaciones del Arzobispo Buechlein para julio

Hombres Religiosos: Que los dones especiales que sus comunidades traen a la iglesia sean más apreciados y alentados por todas partes.

Events Calendar

July 4
St. Mary Parish, 317 N. New Jersey St., Indianapolis. **Fourth of July Fiesta**, live music, dancing, food, games, 5-10 p.m. Information: 317-637-3983.

July 6
MKVS, Divine Mercy and Glorious Cross Center, Rexville, located on 925 South .8 mile east of 421 South and 12 miles south of Versailles, Mass, 10 a.m., on **third Sunday holy hour and pitch-in**, groups of 10 pray the new Marian Way, 1 p.m., Father Elmer Burwinkel, celebrant. Information: 812-689-3551.

July 8
St. Paul Hermitage, 501 N. 17th Ave., Beech Grove. **Ave Maria Guild, meeting**, 12:30 p.m. Information: 317-885-5098.

July 10-12
Holy Spirit Parish, 7243 E. 10th

St., Indianapolis. **Parish festival**, 5:30 p.m.-11 p.m., rides, food, music, entertainment. Information: 317-353-9404.

July 11
St. Michael Parish, 519 Jefferson St., Greenfield. **Couple to Couple League, Natural Family Planning meeting (NFP)**, 7-9 p.m. Information: 317-462-2246.

July 11-12
St. Benedict Parish, 111 S. Ninth St., Terre Haute. **Community Festival**, 5 p.m.-midnight, flea market, children's games, food, music, \$2 admission. Information: 812-232-8421.

July 11-13
St. Lawrence Parish, 542 Walnut St., Lawrenceburg. **Parish festival**, food, music, rides, Fri. 5:30 p.m.-midnight, pork chop dinner, Sat. 2 p.m.-

midnight, German dinner, Sun. 11 a.m.-6 p.m., chicken dinner. Information: 812-537-3992.

Mother of Redeemer Retreat Center, 8220 W. State Road 48, Bloomington. **Apostolate of Roman Catholic Home Educators (ARCH) retreat, "The Gifts of the Holy Spirit."** Information: 317-848-9772 or dmjirgal@sbcglobal.net.

July 12
Cordiafonte House of Prayer, 3650 E. 46th St., Indianapolis. **Silent prayer day**, 9 a.m.-2:30 p.m., bring lunch, free-will offering. Information: 317-543-0154.

St. Roch Parish, Family Center, 3603 S. Meridian St., Indianapolis. **Single Seniors**, meeting, 1 p.m., age 50 and over. Information: 317-784-1102.

July 13
Harrison County Fairgrounds,

341 Capitol Ave., Corydon. **St. Joseph Parish, parish picnic**, 10 a.m., chicken dinner, food, games. Information: 812-738-2742.

July 14
Our Lady of the Most Holy Rosary Parish, Catholic Youth Organization Center, 580 Stevens St., Indianapolis. **"Spirituality in the Summer: The Catholic Faith Pure and Simple,"** educational session for Catholics, non-practicing Catholics, Christians of all denominations and non-Christians, 6:30-8 p.m. Information: 317-636-4478.

July 16
Calvary Cemetery, Mausoleum Chapel, 435 W. Troy Ave., Indianapolis. **Monthly Mass**, 2 p.m. Information: 317-784-4439 or www.catholiccemeteries.cc.

St. Nicholas Church, 6461 E. St. Nicholas Drive, Sunman.

Eucharistic healing service, rosary for vocations, praise, worship, music, 6 p.m. Information: 812-623-8007.

Ironwood Golf Course, 10955 Fall Road, Fishers, Ind. **10th annual "Swing Fore Seniors" Golf Tournament and dinner**, Florida Scramble with shotgun start, noon, \$135 per player, benefits Little Sisters of the Poor ministry at St. Augustine Home for the Aged. Information and registration: 317-872-6420 or devsindianapolis@littlesisterofthepoor.org.

July 17
Our Lady of Peace Cemetery, Mausoleum Chapel, 9001 Haverstick Road, Indianapolis. **Monthly Mass**, noon. Information: 317-574-8898 or www.catholiccemeteries.cc.

July 17-19
St. Christopher Parish,

5301 W. 16th St., Indianapolis. **70th annual Midsummer Festival**, Thurs. 4 p.m.-10 p.m., Fri. 4 p.m.-11 p.m., Sat. noon-11 p.m., food, games, rides. Information: 317-241-6314.

July 18
Northside Knights of Columbus Hall, 2100 E. 71st St., Indianapolis. **Catholic Business Exchange**, Mass, 6:30 a.m., followed by buffet breakfast, Father Glenn O'Connor, pastor of St. Ann and St. Joseph parishes in Indianapolis, presenter, \$12 per person. Information and registration: www.catholicbusinessexchange.org.

Indianapolis Colts Party Pavilion, 7001 W. 56th St., Indianapolis. **Catholic Youth Organization (CYO), "Midsummer Fest 2008,"** dinner, auction, 6-10 p.m., RSVP required by July 10. Information: 317-632-9311. †

Abortion reconciliation programs are scheduled in July and August

Abortion has touched the lives of many people. Has abortion changed your life?

A Rachel's Vineyard Retreat for women and men who are struggling with the aftermath of abortion is scheduled on July 25-27 at a

confidential location in Indianapolis.

"The retreat addresses the spiritual wounds of abortion that run deep in women and men," said Servants of the Gospel of Life Sister Diane Carollo, director of the archdiocesan Office for Pro-Life Ministry, which also sponsors a

Rachel's Companions support group.

For more information about the weekend retreat or support group, call Sister Diane at 317-236-1521 or 800-382-9836, ext. 1521, or Bernadette Roy, a trained retreat facilitator, at 317-831-2892. All calls are confidential. †

Parish to host class on papal encyclical

St. Mary Parish in Indianapolis will sponsor a series of classes on Pope Benedict XVI's encyclical letter *Spe Salvi* ("Saved by Hope") from 7 p.m. to 8:30 p.m. on July 10, 17, 24 and 31 and Aug. 7.

The classes will take place at the parish's Marian Center at 311 N. New Jersey St. in Indianapolis.

Classes will be held in Spanish and English. Books for the class cost \$8.

Seminarians David Proctor and Oscar Vazquez will lead the classes.

For more information, call 317-637-0328. †

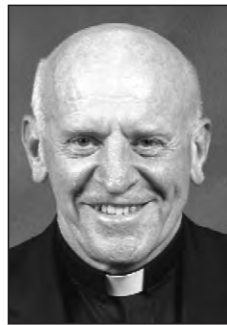


Clothing donations

St. Lawrence parishioner Dan Drzewiecki of Indianapolis, center, church director for the Knights of Columbus St. Joseph Council #5290, looks at clothing donations with Marge Hittle, left, and Patty Colbert, right, co-directors of the Crisis Office for Catholic Charities Indianapolis, on June 25 at the Xavier Building adjacent to the Archbishop O'Meara Catholic Center in Indianapolis. St. Lawrence parishioners and Knights of Columbus council members collected five 55-gallon bags of clothes and \$495 for the Crisis Office ministry to the poor. The money will be used to purchase underwear, socks and other necessities for clients. Colbert said men, women and children displaced by recent tornadoes and floods as well as low-income people need clothing.

Father Eckstein to celebrate anniversary

Retired Father Francis Eckstein will celebrate the 50th anniversary of his priestly ordination with a Mass at 2 p.m. on July 13 at St. Nicholas Church in Ripley County.



A reception will follow the Mass.

Father Eckstein was ordained a priest on May 3, 1958, by Archbishop Paul C. Schulte at the Archabbey Church of Saint Meinrad Archabbey in St. Meinrad.

During his retirement, Father Eckstein continues to minister at St. Charles Borromeo Parish in Milan and St. Pius Parish in Ripley County.

Father Eckstein has requested "no gifts." For more information about his anniversary celebration, call 812-654-2009. †

VIPs

Porter and Doris (Schellenberger) Nash, members of St. Mary Parish in Bradford, celebrated their 50th wedding anniversary on June 28.



The couple was married on June 28, 1958, at St. Mary Church in Lanesville.

They have eight children: Sandra Albers, Janice Archer, Cheryl Spencer,

Gary, Greg, Jeff, Scott and Steve Nash. They have 18 grandchildren. †

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Pilgrims journey to Australia for World Youth Day

By Louise McNulty

It's hard to believe that the number of international travelers—more than 125,000—who plan to visit Sydney, Australia, for World Youth Day in July will be greater than the number that attended the Olympics sponsored by that country in 2000.

It may also be hard to believe that this huge number of young people from around the world will not be coming to see a rock star, movie star or “American Idol” winner.

Young pilgrims and their chaperones will join 100,000 Australians to meet Pope Benedict XVI, and to celebrate and learn more about their Catholic faith.

The Sydney event is the 10th World Youth Day held since it was first celebrated in Rome on Palm Sunday in 1986.

Pope John Paul II initiated the international spiritual gatherings. His inspiration was the massive number of young people who attended the Youth Jubilee in Rome in 1984 and participated in the United Nations' International Year of Youth in 1985.

The pope was interested in more than a one-time event. He wanted to gather youth from around the world on a regular basis to learn more about their faith so that they might rejuvenate the Catholic Church.

And he wanted to meet with them!

For the past 22 years, World Youth Day has been celebrated annually by local dioceses on the Sunday before Easter. The international gatherings take place every two or three years and are attended by the pope.

World Youth Day participants will sleep in hotels, suburban homes, schools and church halls or take advantage of camping accommodations.

Although it is called World Youth Day, the event actually stretches over several days. This year, it will run from July 15 to July 20, beginning with a 4:30 p.m. Mass on July 15 celebrated by Cardinal George Pell, Archbishop of Sydney, at Barangaroo, a locality on the northwestern edge of the Sydney central business district.

On the following days, catechesis—religious education—sessions will be scheduled every morning, and “Youth Festival” activities will be open most days from 2 p.m. until 10 p.m. The



Young Catholics carry the World Youth Day cross and icon from Bell's Beach near Melbourne, Australia, on May 8. The cross and icon have been carried thousands of miles through Australia by young people in advance of World Youth Day activities in Sydney on July 15-20.

festival will offer a pilgrimage to the local cathedral, music, films and other visual arts, workshops or forums on topics of interest and a Vocations Expo.

Participants will also have opportunities for reconciliation and eucharistic adoration.

Pope Benedict XVI will arrive in Sydney Harbor via boat on July 17. The next day, there will be a re-enactment of the Stations of the Cross.

On July 19, a pilgrimage walk across the Sydney Harbor Bridge will begin at 5:30 a.m. It will extend across the upper span of the arch on catwalks and ladders all the way to the summit some 440 feet above Sydney Harbor. At the summit, participants will have a 360-degree view of Sydney, which will include the ocean to the east, the mountains to the west and areas surrounding the harbor.

Such walks vary in length.

Christie Fleming of Hudson, Ohio, who attended the 2005 World Youth Day in Cologne, Germany, estimated that the pilgrimage walk she participated in was about eight miles.

Although it was long, she said, everyone walked slowly and new people joined the trek at various points.

Fleming, now a college junior who will spend the summer teaching in Africa, recalled standing and walking beside people from Chile, Iraq, France and Italy.

“I could see the universal Church, how we were all one family, how the Church was not just my Church, my language, my religion,” Fleming said. “We’re part of a family, and it’s huge. And I could see my place in it.”

The high point of the World Youth Day pilgrimage will be joining Pope Benedict for the evening vigil on July 19 from 7 p.m. until 9 p.m. at Randwick Racecourse.

Music, candlelight ceremonies, testimonies, prayer, a homily by the pope addressed to the youths, time for prayer and eucharistic adoration will be part of the vigil.

Songs and prayer will continue into the night with the pilgrims sleeping under the stars in preparation for Sunday when the pope will celebrate the final Mass, which

will be open to everyone. This year's Mass is expected to draw half a million people.

Emily Kelch of Richmond, Va., was only 18 when she attended World Youth Day in Toronto. In 2005, three years later, she went to Cologne with a group of Catholic friends, mostly from Penn State.

“It was an amazing way to see the universal Church,” Kelch said. “It gave me an appreciation of the things in the Catholic faith, like the Eucharist, that don’t need language. I can still feel the graces affecting me now.”

The Cologne experience also changed her life in another way. She and her friends backpacked through Europe for three weeks before attending World Youth Day.

During that trip, she fell in love with a young man in their group. They are now married, and will be celebrating the birth of their first child around the time that other youthful pilgrims from around the world gather with Pope Benedict in Australia.

(Louise McNulty is a freelance writer in Akron, Ohio.) †

Discussion Point

World Youth Day celebrates faith

This Week's Question

Why is there so much excitement surrounding World Youth Day?

“I have met with a few [young people] from St. Bernard Parish who will be going to Australia. They are an exceptional group, [and] have raised a lot of money because they want to come together with people around the world to celebrate their faith with the pope.” (Deacon Dick Shannon, Manchester, N.H.)

“I think it's exciting and inspiring for those of us who are older to see the youth excited about the pope and their faith. It gives us hope that the Church will survive.” (Mary Ann Tarquinio, Moon Township, Pa.)

“I think our youth are searching for good. There is so

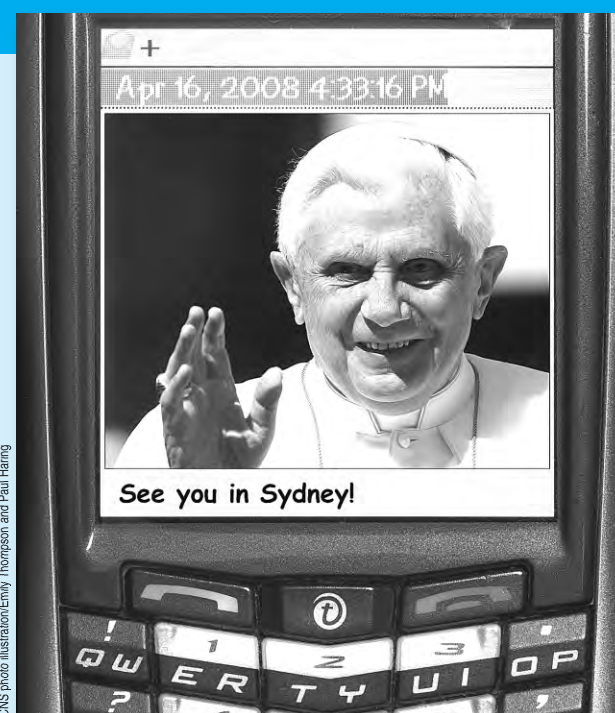
much unrest in the world, and they can see real and true love in our faith.” (Debbie Mastro, Cortland, Ill.)

“They see so many people their own age living the same faith. World Youth Day lets them come together and celebrate that.” (Kathy Cicio, Alpharetta, Ga.)

Lend Us Your Voice

An upcoming edition asks: If you had to be hospitalized, would it make a difference to you what type of hospital—Catholic or secular—that you went to for medical care?

To respond for possible publication, send an e-mail to cgreene@catholicnews.com or write to *Faith Alive!* at 3211 Fourth St. N.E., Washington, DC 20017-1100. †



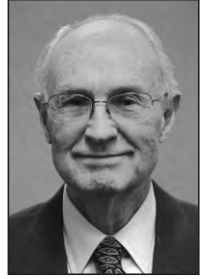
CNS photo illustration: Emily Thompson and Paul Hering

From the Editor Emeritus/John F. Fink

Possible U.S. saints: Father Magin Catala

(Sixth in a series of columns)

Franciscan Father Magin Catala's life sounds similar to that of Franciscan Father Junipero Serra.



Father Magin served in the missions founded by Father Junipero, now known as Blessed Junipero. Father Magin arrived in California nine years after Father Junipero's death.

Both men were originally from Spain and both entered the Franciscan seminary when they were 16. Both volunteered to labor in the New World missions and both were sent to the College of San Fernando in Mexico City, Father Junipero arriving there in 1750 and Father Magin in 1786.

Father Junipero went on to California, where he founded nine missions before his death in 1784. Eventually, there would be 21 missions.

Father Magin was sent to Monterrey in 1793. His first assignment was as chaplain on a Spanish ship that sailed regularly

between Mexico and Vancouver, then known as Nootka Sound. After a year of this, the governor asked him to continue, but he declined because he wanted to devote his life to the Indians in California.

After a short time at Mission San Francisco, in 1794 Father Magin moved 40 miles south to Santa Clara, the eighth of Father Junipero's missions. He remained assigned to that mission until his death 36 years later, ministering to more than a thousand Indians who lived there.

Although he was assigned to the Santa Clara mission, that doesn't mean that he stayed there all the time. Father Magin knew that there were thousands more Indians in the villages so he traveled extensively as far as the San Jacinto Valley, about a hundred miles away, seeking unconverted Indians.

A prayer card said, "Often he made perilous journeys to distant tribes and invariably returned accompanied by large numbers of pagan Indians whom his sweet charity had induced to abandon their wild life for the happy Christian community at Santa Clara."

He walked to the Indian villages despite

extremely painful rheumatism that he contracted early in his work. In this, too, he resembled Father Junipero, who was severely crippled from an infected foot, except that Father Junipero rode on a mule.

Another priest arrived several years later, and he was assigned responsibility for overseeing the material well-being of the mission while Father Magin concentrated on the Indians' spiritual well-being. He instructed them in the Catholic faith and taught such devotions as the Stations of the Cross and the rosary.

According to a biographer, Father Magin baptized 5,471 infants, children or adults, and presided at 1,905 weddings and more than 5,000 funerals.

He was known for his asceticism and sanctity. He ate very little, and no meat, eggs or wine. His evening meal consisted only of gruel made from corn and milk. He practiced disciplines popular in those days. He prayed long hours before a life-size crucifix in the chapel, sometimes seen to be levitating. Those who testified to his sanctity attributed miracles, prophecies, revelations and locutions to him.

He died in 1830 at age 69. †

Faith, Hope and Charity/David Siler

Let's stay in it for the long haul

For those of us who stayed comfortable and dry during the recent torrential rains, it could be very easy to go on with our lives and forget those who did not fare quite so well.



The news stories and images of the flooding can quickly become a distant memory as we learn

of new disasters.

It is truly difficult to describe in words what it is like to drive through a neighborhood where the entire contents of everyone's homes are heaped in piles in their front yards.

Or to stand in homes where water mixed with mud and sewage has flooded the rooms halfway up the walls—or up to the very ceiling of the first floor.

It is hard to describe the destruction that this water did to thousands of people's homes in our surrounding communities.

I was standing on the second step of one family's home in Martinsville when the owner invited me to look into her basement after the water had receded and now was only five feet deep. She wanted me to see her husband's many hand-painted oil paintings floating in the sludge. Furniture, carpet and clothing can eventually be replaced, but so many people also lost personal items that have a value far greater than money.

An 80-year-old couple in Columbus, who lived in their home for more than 45 years, was so distraught by the damage done to their home that they left after the water receded and said that they just could not bear to look at their house covered in mud.

A group of volunteers from St. Bartholomew Parish in Columbus was busy just a few days later cutting out their drywall, carpet and insulation. It was a very strange sight to see someone hosing out mud inside a house. This couple not only lost the contents of their home, but also the car that sat in their driveway as the flood waters rushed in.

Some of our brothers and sisters in south central Indiana lost their entire homes and all that they contained. And, as we have so often heard, very few had flood insurance to cover their damages, which for some will reach into the hundreds of thousands of dollars.

The incredible challenges that many people will face in the months and perhaps years to come also present us with an incredible opportunity—an opportunity to really show what it means to be Church. We have the opportunity to demonstrate to our neighbors how a family comes together in times of crisis.

There are already many stories of heroic acts of kindness that have been shown to those suffering from flood damage. I witnessed strangers just showing up in neighborhoods and going door to door asking if they could help. Very few offers were turned down as residents were just overwhelmed by the work to be done.

The rebuilding of homes, businesses and lives in many areas may take years. We must keep our neighbors in the forefronts of our minds lest we forget that, as we go about our lives as usual, many lives have come to a complete halt.

For pictures of the devastation, updated information on recovery efforts and ways that you can help, please log on to www.CatholicCharitiesIndy.org.

(David Siler is executive director of the Secretariat for Catholic Charities and Family Ministries. E-mail him at dsiler@archindy.org.) †

It's All Good/Patti Lamb

A productive day on God's terms, not mine

I was determined to have a productive day. After weeding and watering the flowerbed, I dressed and fed the kids. There would be a brief appointment in the morning, then several hours of errands.



The diaper bag was loaded. The coupons were clipped and sorted. I got the kids ready in record time.

That morning, things were just going my way.

Or so it seemed—until it was actually time to leave. I had to reprimand my son to put the watering can down and get with the program.

"It's time to go," I gruffly told him. I reached into my pocket to grab the keys. They were gone. I had probably left them inside. I instructed him to wait patiently as I looked inside for the keys. (He was happy to have more time with the watering can.) The keys were nowhere to be found in the house.

I stormed outside to check the car for the keys. In the meantime, my son asked me to look at the garden. "There are pretty

flowers. Look and see."

"C'mon. We've got to find Mommy's keys," I commanded. "There's no time to play. Our appointment is at 10 o'clock, and we cannot be late."

I rummaged frantically through my purse. Nothing. I retraced my steps, one of which my son was directly blocking. Not so nicely, I urged him to step aside as I continued my search.

"Stop, Mommy. Come see the flowers." He was insistent.

At that point, I looked at my watch and realized I was out of time. We weren't going to make our appointment.

Meanwhile, my son continued to tend to the flower garden, oblivious to my concerns and schedule.

"I spy with my little eye something that is red," he proudly announced, referring to the flowers.

I gave up. Frustrated, I sat down beside him on the sidewalk.

That's when I saw them—right beside his left foot. There laid the keys. They must have fallen out of my pocket when I watered the geraniums that morning. If only I had stopped to look at the flowers my son was so adamantly trying to point out, I would have saved a lot of time and worry.

Faithful Lines/Shirley Vogler Meister

St. Gabriel Possenti is known as 'the gun saint'

More and more, not a week—sometimes not even a day—goes by without guns being in the news!



"War" no longer only applies to "other places." The war against crime is fought at home, too, and the illegal use of guns is playing havoc with lives and families in ways that I could

not have imagined in former years.

Even most children today know about the ongoing and nearly daily murders in the U.S. and our wonderful Hoosier state, and families and teachers are now forewarning and educating children about the dangers lurking within our society.

I know families who have guns in their homes, but they keep their guns under lock and key so accidents cannot happen.

Some use them for hunting or at target ranges, and others keep them for times when protection is possibly needed.

Many inherit vintage guns, and others

actively collect them. I do not know anyone whose motives are anything but right and good when it comes to guns.

Recently, I serendipitously discovered the St. Gabriel Possenti Society. Yes, there is a patron saint of guns, who was canonized in 1920.

According to www.possentisociety.com, Gabriel is considered "The Savior of Isola." This is because in 1860 a band of soldiers from the army of Garibaldi began burning and pillaging Isola, Italy, terrorizing its inhabitants.

One of the soldiers dragged a young woman away with the intention of raping her. With his rector's permission, Possenti, then a seminarian, was on the scene to try to dissipate the situation if he could.

After the "soldier made a snickering remark about such a young monk being alone, Possenti quickly grabbed the villain's revolver from his belt and ordered the marauder to release the woman. The startled soldier complied. Possenti grabbed the revolver of another soldier ... [and] the rest of the soldiers came running in Possenti's direction, determined to overcome the rebellious monk ..."

Immediately, "a small lizard ran across the road between Possenti and the soldiers. When the lizard briefly paused, Possenti took careful aim and struck the lizard with one shot. Turning his two handguns on the approaching soldiers, Possenti commanded them to drop their weapons, and the soldiers complied."

The monk made them put out the fires they had set then "marched the whole lot out of town, ordering them never to return. The grateful townspeople escorted Possenti in triumphant procession back to the seminary, thereafter referring to him as 'the Savior of Isola.'"

Readers who want more information can log on to www.possentisociety.com or write to the Possenti Society at P.O. Box 2844, Arlington, VA 22202.

I applaud responsible gun owners, but plead with those who own guns illegally to take the proper steps to keep gun ownership legal and safe.

(Shirley Vogler Meister, a member of Christ the King Parish in Indianapolis, is a regular columnist for The Criterion.) †

Fourteenth Sunday in Ordinary Time/Msgr. Owen F. Campion

The Sunday Readings

Sunday, July 6, 2008

- Zechariah 9:9-10
- Romans 8:9, 11-13
- Matthew 11:25-30

This weekend, the first biblical reading is from the Book of Zechariah.



Zechariah was of the priestly caste and was born in Babylon. His birth occurred during the time when many Jews were in forced exile in the Babylonian capital.

He went to the Holy Land with his grandfather when the

exile was ended. It might be assumed that he was either a youth or a young adult when he made this trip as few grandparents at the time lived long enough to see their grandchildren reach middle age.

Finally in the Holy Land, Zechariah devoted himself to the care and study of the Scriptures. Obviously, he saw himself, and was regarded, as a prophet.

Zechariah met a violent death, murdered apparently in the temple precincts.

Whatever his age, he would have seen and probably was part of the enthusiasm of the people as they quit the despised Babylon and began their journey home.

The reading for this weekend captures this great joy and enthusiasm. All wrongs were to be righted. To lead the people into a new day of peace and prosperity, God will send a messiah who will enter the holy city of Jerusalem with great humility, seated on an ass.

This image was to be a part of the event of Palm Sunday, actually to occur many centuries later when Jesus entered Jerusalem.

St. Paul's Epistle to the Romans provides the second reading.

In this selection, Paul repeats the theme so often given in his writings. Christians

not only follow Christ, or join Christ in their own walks through life, but the Lord becomes part of them. They become part of Jesus. Christian discipleship forges this strong a bond.

The last reading is from St. Matthew's Gospel.

Jesus continually encountered persons very well educated in the Scriptures. Often, they opposed the Lord. Yet, in the minds of many at the time, they were the wisest and most learned in the society.

Understandably, Jesus had to insist that the wisest in popular consensus were not the wisest after all. By contrast, the Lord says that humble and innocent children often can better see profound truths.

However, Jesus does not leave people to drown in the sea of their own pride and ignorance. Rather, the Lord calls them. He reaches out to them. Confronting all the obstacles of life is not easy, but it is a burden lightened by the fact that support comes from Jesus, the Son of God.

Reflection

The Gospel this weekend presents facts indispensable to Christian doctrine and to achieving Christian holiness.

None of us, in the last analysis, is very insightful. Original sin has robbed us of our good vision. We all look at a world that is out of focus, distorted and unclear. We are myopic. We think only of ourselves.

So we deceive ourselves. We trick ourselves into thinking that we can find the way on our own. We cannot. Only God can show us the way.

Mercifully, happily for us, God shows us the way in Jesus. Jesus not only leads us, but also gives us divine life itself. As true believers, we live in Jesus and the Lord lives in us.

The key to attaining this relationship is our humility, our trust in God.

We do not have to yearn for God without relief. God awaits our call. He loves us with an everlasting, perfect love. †

My Journey to God

Sweet Corn

For lunch
I desired only a ripe ear of sweet corn coated in butter and salt.

I searched the rows
and examined each ear for signs of maturity,
rejecting the color of silk
or the feel of the ear,
or the way that it clung, still too closely to the stalk,
until I found the one ear that satisfied my knowing eye and hand.

Darker green near the tip
where the black, dried-up bag lady hair showed itself,
but smoother and lighter, more cashmere and yellowy green
near the broken off stem,
and curling back from each shuck leaf,
the stalk leaf from which it was formed stood out like a handle
inviting me to pull it down.

The outer parchment-like leaves came down easily,
but inside they were stubborn,
intent on protecting the corn
from the bugs and the weather—

the sun and the storms of summer—and from me.

Nineteen leaves formed the shuck and as I pulled the most tender and small ones down, the silk was revealed. Flaxen yellow, like doll hair, a color and texture I'd thought of as fake 'til I saw it there on my corn. Designed and engineered by nature, or by God, is what I believe.

I pulled it away from the kernels.
Sixteen strands of antique yellow white pearls,
translucent and shiny in the bright kitchen light,
juicy and tender and succulent sweet.

And I knew then that what I had read about God counting the hairs on my head might be true.
So much care for the birds, and the lilies,
the grass of the field,
and for one ear of corn!

And I bowed my head in my small kitchen chapel
to give a blessing
over a ripe ear of sweet corn coated in butter and salt.

By Pat Logan-Browne

(Pat Logan-Browne is a member of St. Bernadette Parish in Indianapolis and an associate of the Sisters of the Third Order of St. Francis in Oldenburg. This poem was previously published in *genesis*, the literary magazine of IUPUI, in 1986. Her poem references Matthew 6:25-34, Matthew 10:30 and Luke 12:7.)

Daily Readings

Monday, July 7
Hosea 2:16, 17b-18, 21-22
Psalm 145:2-9
Matthew 9:18-26

Tuesday, July 8
Hosea 8:4-7, 11-13
Psalm 115:3-7b, 8-10
Matthew 9:32-38

Wednesday, July 9
Augustine Zhao Rong, priest and martyr and his companions, martyrs
Hosea 10:1-3, 7-8, 12
Psalm 105:2-7
Matthew 10:1-7

Thursday, July 10
Hosea 11:1-4, 8c-9
Psalm 80:2ac-3b, 15-16
Matthew 10:7-15

Friday, July 11
Benedict, abbot
Hosea 14:2-10
Psalm 51:3-4, 8-9, 12-14, 17
Matthew 10:16-23

Saturday, July 12
Isaiah 6:1-8
Psalm 93:1-2, 5
Matthew 10:24-33

Sunday, July 13
Fifteenth Sunday in Ordinary Time
Isaiah 55:10-11
Psalm 65:10-14
Romans 8:18-23
Matthew 13:1-23
or Matthew 13:1-9

Question Corner/Fr. John Dietzen

Canon law allows for reception of Eucharist twice on same day

QI know Catholics formerly were not supposed to receive Communion more than once a day.



Eucharist.

Would being a lector, usher or other minister of service affect the answer? (Wisconsin)

A Former Church regulations did limit reception of Communion to once a day.

Those rules were considerably relaxed, however, in the 1983 *Code of Canon Law*, which says simply that one who has received the Eucharist may receive again, but only within the context of a Mass (Canon #917).

In 1984, the Vatican Commission for Interpretation of Canon Law explained that, even at Mass, Communion should not be received more than twice a day. Note, this is twice a day, not twice a weekend. That possibility should cover almost every situation that might normally arise.

It will help to understand this policy if one is aware of two concerns that the Church considers in such matters.

First and most basic, the normal practice should be that, unless there is a serious obstacle, one should receive the Eucharist whenever he or she participates in a eucharistic celebration if one is in a state of grace.

On the other hand, the Church knows from experience that some Catholics are tempted to treat sacred things, even the Mass, in a superstitious manner. I once knew a lady who piously claimed that she attended 11 Masses—at least the essential parts—every Sunday.

One reason for the former once-a-day rule and the present policy was to discourage people from “collecting” Holy Communion in a similar fashion.

The Church trusts that people's deeper awareness of the meaning of the Eucharist will prompt them to receive the Eucharist whenever it is appropriate, even more than once a day.

QRecently, when I was in the intensive care unit, a priest came to give the

“last rites” to the man in the next bed. Because the patient was unconscious, the priest left without giving him any sacraments.

When I was young, admittedly some years ago, we learned that extreme unction was administered even if the person was possibly dead for a short period of time, on the theory that the individual's soul had not left the body.

Is that not current thinking? (Illinois)

AThe sacraments, including anointing of the sick, are only for the living, and are never knowingly administered to the deceased, no matter how short a time it might be after death.

However, we know very little about stages in the process of dying, which can, of course, differ from one individual to another. Actual death may not occur until some time after most ordinary “signs” of death are present. Thus, the Church always insists that dying persons be given every benefit of the doubt.

Anointing of the sick may be ministered to people who are unconscious, but who probably would have asked for it if they were in control of their faculties.

If a priest is called to attend someone reaching the end of life and there is any possible doubt that the sick person is already dead, he should give the anointing conditionally.

This means the sacrament is celebrated as usual, but with the understanding that the sacrament will have no effect if the person is already dead. (See the *Rites for Pastoral Care of the Sick*, #14 and #15.)

It is possible that the priest you mention had other reasons for not anointing your roommate at that time. †

Readers may submit prose or poetry for faith column

The Criterion invites readers to submit original prose or poetry relating to faith or experiences of prayer for possible publication in the “My Journey to God” column.

Seasonal reflections also are appreciated. Please include name, address, parish and telephone number with submissions.

Send material for consideration to “My Journey to God,” *The Criterion*, P.O. Box 1717, Indianapolis, IN 46206 or e-mail to criterion@archindy.org. †



Photo by Mary Ann Wyard

Deacon candidate Kerry Blandford lays prostrate in prayer during the praying of the litany of the saints shortly before he was ordained a permanent deacon.



Photo by Sean Gallagher

As members of the congregation applaud at the end of the liturgy, Deacon Donald Dearman raises a fist in jubilation as he processes out of SS. Peter and Paul Cathedral in Indianapolis.



Photo by Mary Ann Wyard

Ana Alunday, wife of Deacon Arthur Alunday, stands up to applaud for Benedictine Father Bede Cisco, director of the archdiocesan Office of Deacon Formation, near the end of the ordination liturgy.

Answering the call to be servants to all



The 25 newly ordained permanent deacons pose with Archbishop Daniel M. Buechlein on June 28 at SS. Peter and Paul Cathedral in Indianapolis shortly after their ordination liturgy. They were the first class of men to be ordained permanent deacons in the history of the archdiocese. For profiles on all 25 deacons, log on to www.archindy.org/deacon.



Photo by Sean Gallagher

Archbishop Buechlein receives offertory gifts from Patti Thompson, third from left, the wife of Deacon John Thompson, during the ordination liturgy. Also participating in the offertory procession are, from left, Donna Ward, the wife of Deacon Thomas Ward; Mary Ellen Henn, the wife of Deacon David Henn; and Cindy Gardner, the wife of Deacon Michael Gardner.



Photo by Mary Ann Wyard

F. Carole Guess, a member of St. Rita Parish in Indianapolis, receives Communion from newly ordained Deacon Michael East during the ordination liturgy.



Photo by Sean Gallagher

Collin Henn sits on the lap of his father, deacon candidate David Henn, during the ordination liturgy. Minutes later, David Henn was ordained one of the first permanent deacons in archdiocesan history.

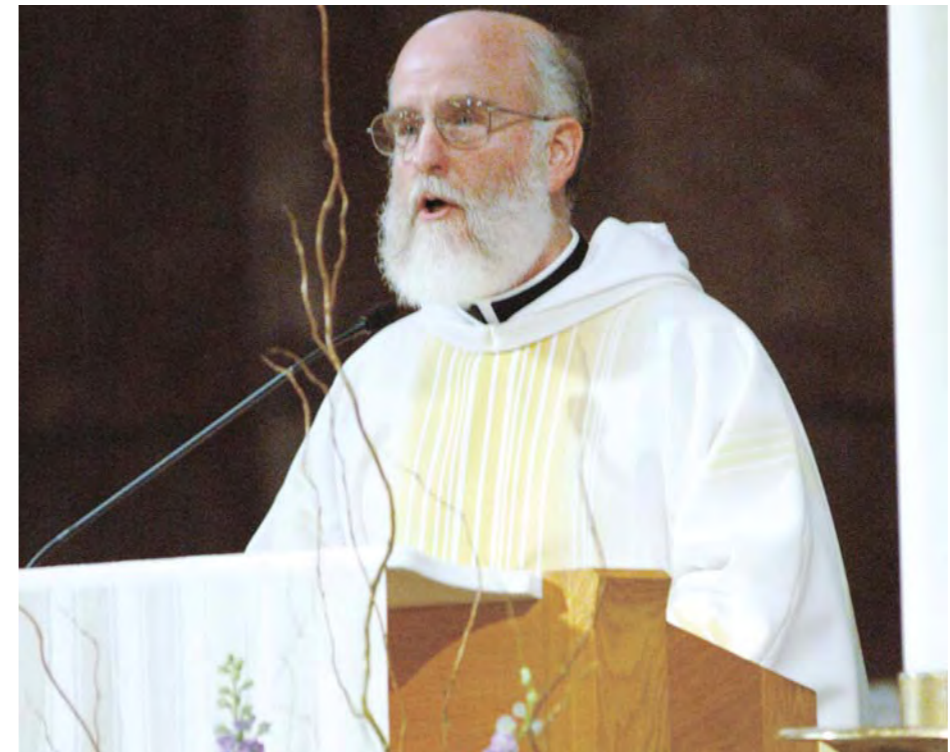


Photo by Mary Ann Wyard

Above, Benedictine Father Bede Cisco, director of the archdiocesan Office of Deacon Formation, gives thanks to the many people who played important roles in the new deacons' formation and in the planning of the ordination.

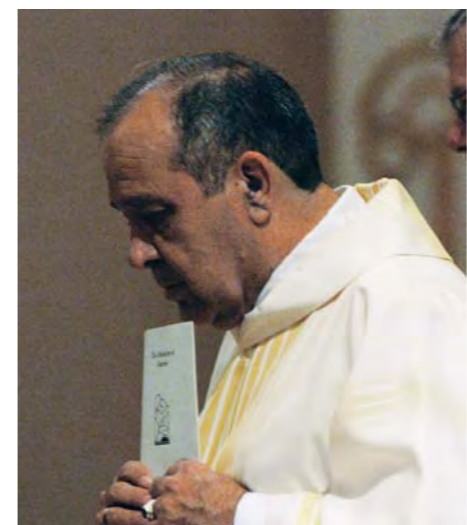


Photo by Mary Ann Wyard

Left, newly ordained Deacon Oscar Morales processes out of SS. Peter and Paul Cathedral in Indianapolis at the end of the ordination liturgy.



Photo by Sean Gallagher

Archbishop Daniel M. Buechlein ritually lays his hands on the head of deacon candidate Robert Decker in a key moment of the June 28 liturgy during which Decker and 24 other men became the first class of permanent deacons in archdiocesan history.

Tracing the history of the diaconate in the Church

By Sean Gallagher

In 2003, Archbishop Daniel M. Buechlein, after consulting with archdiocesan priests and parish life coordinators, established the first archdiocesan deacon program, naming Benedictine Father Bede Cisco as its director.

Over the course of the next year, men interested in learning more about the diaconate attended information sessions held in parishes across central and southern Indiana.

Some of them then applied to become members of the first group to be formed for the diaconate in the archdiocese. Twenty-five men were ultimately chosen and they began their formation in August 2004.

Since then, they have attended weekend formation sessions 11 months each year and had pastoral ministry assignments in archdiocesan parishes and agencies.

Although permanent deacons in the archdiocese are a new phenomenon, the roots of the diaconate in the life of the Church go back to its beginnings when the Apostles chose seven men—as recounted in Acts 6:1-6—to assist them in caring for widows in the Church in Jerusalem.

Later, the diaconate was recognized as an ordained ministry in which deacons gave special assistance to bishops and often focused on the Church's ministry of charity. They were often prominent members of the Church's leadership during the first several centuries of the Church.

By the sixth century, the diaconate began to be seen primarily as a step toward ordination to the priesthood. In the Middle Ages, permanent deacons largely disappeared.

The bishops at the Council of Trent in the 16th century mentioned the possibility of restoring the permanent diaconate, but this did not occur until the years following the Second Vatican Council.

In the years leading up to Vatican II, the permanent diaconate became a widespread topic of discussion among bishops and theologians.

This discussion sprang primarily from those interested in the topic in Germany and France, and those who saw the potential importance of deacons ministering in missionary territory.

Pope Paul VI, following the lead of the bishops at Vatican II, allowed dioceses around the world to restore the permanent diaconate in the years after the council.

The first permanent deacons in the United States were ordained in the Archdiocese of Detroit in 1972.

Today there are approximately 14,000 permanent deacons ministering in most U.S. dioceses. That number represents a little less than half of all permanent deacons in the world.

(Information on the history of the diaconate is taken from *The Deacon Reader*, Paulist Press, 2006.) †

Archbishop Burke leaving St. Louis for Vatican post

ST. LOUIS (CNS)—Archbishop Raymond L. Burke didn't hide his sadness during a news conference on June 27 in St. Louis following his appointment as prefect of the Supreme Court of the Apostolic Signature at the Vatican.

Calling the appointment "bittersweet," the archbishop said, "I am deeply honored and also humbled by the trust which Pope Benedict XVI has placed in me. I have pledged the Holy Father to serve him with all my energies to the best of my abilities. I ask you to please pray for me as these are obviously challenging responsibilities which I will be taking up."

Several minutes into the meeting, he paused and his eyes began to tear up. His reaction was met with loud applause from archdiocesan employees who were there.

Archbishop Burke, who turned 60 on June 30, is the first U.S. bishop to be named prefect of the Apostolic Signature, which is the Vatican's highest court.

When the appointment was announced at the Vatican, Archbishop Burke ceased to be archbishop of St. Louis, where he had served for almost four and a half years.

The archdiocesan college of consultors met on the afternoon of June 27 and elected Bishop Robert J. Hermann to serve as archdiocesan administrator until the pontiff

names a new archbishop of St. Louis. Bishop Hermann, 73, has been an auxiliary bishop of St. Louis since 2002.

As head of the Supreme Court of the Apostolic Signature, the archbishop will hear appeals of decisions issued by lower Church courts. Many of the cases handled by the court are appeals to sentences of the Roman Rota dealing with marriage annulments.

Archbishop Burke said he learned of the appointment 10 days before when he received a call at his residence from Archbishop Pietro Sambi, apostolic nuncio to the United States.

"There's a sadness at the thought of leaving St. Louis as I've become so deeply involved in the life of the Church here," Archbishop Burke said in an interview with the *St. Louis Review*, archdiocesan newspaper, after the press conference.

A native of Richland Center in the Diocese of La Crosse, Wis., he said that when he arrived as archbishop in 2004 he didn't "have any association with St. Louis at all. But I quickly came to experience ... the wonderful Catholic families in this archdiocese."

Prior to this most recent appointment, Archbishop Burke was named to two Vatican posts in May: the Pontifical

Council for Legislative Texts and the Congregation for Clergy. The archbishop said he will retain those positions. In 2006, he was appointed as a judge for the Apostolic Signature.

Asked if those appointments were a tip-off of something greater to come, the archbishop said, "It made me a bit concerned. I was honored by the trust, but I was becoming concerned that it might be an indication of [the Vatican] wanting me more full time."

Archbishop Burke has a long history of experience in canon law. Among his various degrees, he earned a licentiate in canon law in 1982 and a doctorate in canon law in 1984, both from the Pontifical Gregorian University in Rome.

From 1985 to 1994, he was a visiting professor of canon law at the Pontifical Gregorian University. In 1989, Pope John Paul II named him defender of the bond of the Supreme Court of the Apostolic Signature. He served in that role until his installment as bishop of La Crosse, Wis., in 1995. He also holds memberships in several canon law societies throughout the world.

Archbishop Burke was to depart for Italy on July 1. He is expected to return to St. Louis on July 10, and he will spend his



Archbishop Raymond L. Burke of St. Louis prays inside the chapel at his residence in St. Louis in this 2007 file photo. He has been appointed by Pope Benedict XVI to head the Vatican's highest court. The announcement was made at the Vatican on June 27. As prefect of the Supreme Court of the Apostolic Signature, Archbishop Burke will hear appeals of decisions issued by lower Church courts.

final weeks tending to last-minute business in the archdiocese and preparing for his permanent move to Rome. He is expected to be in Rome for his new assignment on Aug. 22. †



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Stewards of the body

Making time for exercise in retirement should be a priority

By Thomas J. Rillo

Your body is a temple and a gift from God. It is a gift that God gave to us so that the Holy Spirit would have a place to dwell within us. By having the Holy Spirit dwell within us, we have the opportunity for the Holy Spirit to work outside of us.

We have an obligation to treat this body with reverence and care. We should not let bad habits—such as overeating, lack of exercise, use of debilitating substances, poor dietary habits and overindulgence in all things—dominate our lives.

In fact, we often treat our bodies as veritable garbage cans. We may even treat our automobiles with more care than we do our own bodies. If we are to be the best versions of ourselves as disciples of the Lord's Word, then we owe it to God and ourselves to be better stewards of our bodies.

There is much information today about keeping fit and healthy than there was in biblical times. There is an obesity problem today that in all probability did not exist in the biblical era. People walked everywhere. There was not much available to the general population for only the very rich could afford wheeled transportation or horses. Tobacco was not in use and wine was used as an additive to a meal.

Jesus himself must have been in fine physical condition. He probably walked everywhere during the brief years of his ministry.

People in biblical times went to bed with the setting sun and arose with the rising sun. Artificial lighting was primitive and lamp oil was expensive. An adequate amount of rest was not a problem. Today, with artificial lighting available everywhere and in every home, getting the proper amount of rest often doesn't happen.

Even the early Greeks knew that the body was a temple. For them, the concept was that the body was the temple for the brain and that the two are interrelated in terms of exercise and diet.

The Olympic Games were born in Athens as the need for exercise escalated to a competitive level. The Greeks knew that a healthy and fit body contributed to a greater functioning of the brain. There was no mention of the Spirit within.

Once we modern human beings start exercising daily, eat healthy, balanced meals and get plenty of rest, we will find that the Spirit that dwells within us will be a happier one. This cannot help but make us better disciples of the Lord's Word and better able to do his will.

Dr. Timothy Doherty, a research chair in neuromuscular function in health, aging and disease at the University of Western Ontario in Canada, presented the term "sarcopenia" in an article about "How to Stay Strong for Life" published in *Bottom Line Health*.

Most people do not know about sarcopenia. The word means "age-related muscle loss." Sarcopenia increases dramatically for people in their 40s, 50s and 60s. It is estimated that 50 percent of those age 75 and older have this condition.

It is caused by lack of exercise, lack of adequate protein in a diet, diminishing levels of hormones that affect muscles and a decline in muscle mass that comes naturally with old age.

Because sarcopenia develops very gradually, it is not uncommon for an individual at age 45 to 65 to lose approximately 1 percent of muscle mass for each ensuing year. After age 65, the rate of muscle mass loss is about 2 percent for each ensuing year.

Most of us who are seniors do not notice this muscle mass decline until we cannot do the things that we did with ease at a younger age.



Marie Parmenter, a member of St. Patrick Parish in Victor, N.Y., takes part in an Active Older Adults exercise class at the parish. A YMCA instructor leads the twice-weekly sessions, which focus on stretching and range-of-motion movements.

This is true of senior pilgrims. The task of moving luggage and carry-on bags can be a real challenge, and often makes travel challenging and even painful. The carry-on bag can be especially difficult when an elderly traveler has to lift it up into the overhead bin and there is no attendant nearby to offer assistance.

The pressure of oncoming waves of passengers waiting to be seated while an elderly traveler struggles with bags can be very disconcerting. Of course, one would pray that human kindness would present itself.

What can senior citizens do? They can slow down the rate of sarcopenia through guided exercise and an adequate diet.

Research studies have demonstrated that proper training and diet can elevate muscle strength by as much as 40 percent in just a few months.

If you want to travel in your senior years, it is never too late to begin reversing the effects of muscle strength loss. Studies have shown improvement in individuals in their 90s.

Besides physical body safety in traveling, there is also the benefit of cardiovascular fitness, and breathing becomes easier when climbing those ancient and steep cathedral steps.

Cardiovascular activities, such as walking or riding a bicycle, do not necessarily work on muscle loss. You have to work on strengthening the muscles of your core—the abdomen, lower back, hip and buttocks, and neck.

The exercises involved in core training will help with lifting heavy baggage, camera bags, carry-on bags, and climbing aboard or disembarking from buses, trains and ship gangways.

How to start

After getting clearance from your physician, seek out a gymnasium, health club or YMCA facility. There you will find advice from personal trainers or perhaps wellness coaches on the staff. They will put you through an assessment program to determine how strong and flexible you are.

Many of these facilities will utilize the Pilates program, which focuses on development of the core zone. After they

have cleared you for individual workouts, perform them at least three times per week.

You can do more workouts if they are not done on the same day. For example, do strength exercises one day and cardio exercises the next day. This will give the muscles time to repair themselves from the stress you have placed upon them through resistance.

Appropriate exercises can be done on weight-training machines, which are safer because the weights are supported within a frame and there is increased stability. Free weights, such as barbells or heavy dumbbells, are to be avoided unless the seniors are confident and comfortable using free weights.

Your senior fitness program should concentrate on the following three areas:

- Improving aerobic endurance—For aerobic exercise, the choices are numerous. Swimming and water exercises are excellent because they do not place a lot of stress on the joints. Stationary and seated—known as recumbent—cycling is less stressful on the back and legs than some other aerobic activities, and fitness walking is another good option if your joints can take it.

- Increasing strength—Resistance training has gained a lot of attention in the last 15 or so years. It has demonstrated that it can stimulate bone growth, improve posture, decrease body fat, and improve balance and mobility. As mentioned before, one should seek the expertise of a certified personal trainer or wellness coach. This person can design an appropriate resistance exercise program.

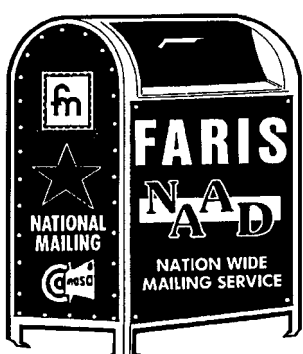
- Improving flexibility—Seniors should perform flexibility exercises in a slow, deliberate and sustained manner. The stretching should be felt in the muscles and not in the joints. One should maintain the stretch for up to approximately 40 seconds. Many fitness centers, YMCAs, senior centers and retirement homes offer stretching classes.

Stretching can also be done in an aquatic instructional pool, usually in shallow water to allow standing. The water ensures less strain on the joints.

See EXERCISE, page 16

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Your Family/Bill and Monica Dodds

Saying goodbye to the family home is no easy task

It's not easy saying goodbye to the family home when your aging parents are making a move.



Sometimes it's bittersweet. Mom is leaving, and that is difficult, but she is heading for a lovely, smaller home or apartment. She has bought a

condominium. She is going to a retirement community or to a climate that better suits her needs now.

Sometimes sorrow can dominate. Dad isn't able to take care of the house anymore. Taxes, insurance and maintenance take too big a bite from a fixed income. The neighborhood has changed and is no longer safe. Mom has passed away, and Dad really isn't able to live alone.

For the widow or widower, saying goodbye to the family home can feel like having to say goodbye to that loving spouse once again. This was their house from the time they first saw it on the market until long after the paperwork for the mortgage was burned. They were partners here.

If your family is getting ready to say goodbye to the family home, here are a few suggestions:

- Let your parent choose what comes with her and what goes. What is junk to

you may have a lot of sentimental value to her.

- Lend a hand. Dad may need your help sorting and packing. Moving takes a lot of work, and there is always a lot of worry involved. (And you may finally have to do something with those boxes of your stuff that you've been storing in the basement or attic!)

- Preserve the memories. Take some pictures of the inside and the outside of the house. Of course, the family has taken hundreds of snapshots there for years and years, but maybe not of each bedroom, the family room or the basement.

This house is part of your family's history. Walk around the house with a video camera. Let the family join you for a running commentary: "Here's where we kept track of how tall each child was." "This is the window that was broken twice in the same week by the same baseball." "Dad built this bedroom onto the back of the house after Susan was born."

- Come together for one last meal to say goodbye. Sometimes families make it a final Thanksgiving, Christmas or Easter dinner or a meal for a parent's birthday. It's an opportunity to share memories, to laugh—and to cry.

- Don't forget that a house is only a structure. It's the people and the love they have shared that have made this place so special. Those people, that love, aren't being left behind. They are simply



A moving van in front of a house can be an unsettling experience for many people. Moving your aging parents out of their home can be a traumatic time for the entire family.

moving to a new address.

Remember, the home didn't make the family. The family made the home. And the family is still sharing that love even if some members are now in heaven.

(Bill and Monica Dodds are the founders of the Friends of St. John the Caregiver and editors of My Daily Visitor

magazine. Their Web site is www.FSJC.org. They can be contacted at MonicaDodds@YourAgingParent.com. Also available on the Web: Making decisions about moving. Find links for checklists for evaluating housing options for seniors, for assisted-living facilities and for nursing homes at the Web site www.youragingparent.com/topics.htm.) †



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<input type="checkbox"/> Normandy, Lourdes, Paris, France - 11 days in Oct	¹ / ₂ Full!	\$2,398	<input type="checkbox"/> China & Yangtze River Cruise - 13 days in Mar 2009	\$3,788
<input type="checkbox"/> Greece - 9 days in Nov		\$2,198	<i>The four trips below are coach trips with pickups available on I-69 & I-70</i>	
<input type="checkbox"/> Florence, Rome & Assisi - 11 days in Nov	Over ¹/₂ Full!	\$2,566	<input type="checkbox"/> Michigan & Mackinac Island - 7 days in Sept 23-29	\$878
<input type="checkbox"/> So. Italy, Sorrento & Amalfi Coast - 9 days in Nov		\$2,038	<input type="checkbox"/> Montreal, Quebec, Ste. Anne de Beaupre - 11 days June 29-July 10	\$1,588
<input type="checkbox"/> Egypt & Nile River Cruise - 9 days in Nov		\$2,488	<input type="checkbox"/> Boston, New England - 11 days July 21-31 — (I-70 only)	\$1,492
<input type="checkbox"/> Holy Lands - 10 days in Nov	¹ / ₃ Full!	\$2,698	<input type="checkbox"/> Niagara Falls, Ontario - 8 days in Oct	\$1,160

Overseas trips include round trip air from St. Louis or Chicago; other airports may be available, please inquire.

PLEASE SEND FULL DETAILS ABOUT THE TRIP(S) I HAVE MARKED ABOVE

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Living Well/Maureen Pratt

Retirement ahead? Approach that special time in life with play

Retiring from the workplace can bring mixed feelings, among them fear ("Will people remember me?" "Will I have enough money?" "What will I do with my time?") and eagerness ("I can't wait to not have to set the alarm every morning!" "Finally! I'll have time to do what I want to do!").

But when the reality of the alarm-less, goal-less days finally hits, many people can feel another, more unsettling emotion: restless dissatisfaction.

Is there anything people can do to prepare

for a fully satisfying life after the responsibilities of the workplace are gone?

As more people than ever move into retirement, medical professionals and researchers are beginning to study what makes them satisfied, that is, what makes them able to live well long after gainful employment ceases.

Recently, George E. Vaillant, senior psychiatrist at Brigham and Women's Hospital, and co-authors from Harvard Medical School presented the results of their survey of 265 men from inner-city Boston (*The American Journal of Psychiatry*, April 2006). The study surveyed the men on various stages in their lives and focused on what impacted their perceived

quality of life at those times. The men are now past 80 and retired at a mean age of 62 years.

When the men were young, their lower socio-economic status and poor health were major influences on their quality of life. But as they moved into retirement, these influences changed. The two most important factors to enjoying "satisfying retirements" went from money and health to "a good marriage and an ability to play."

Elaborating on what they meant, the men cited "their ability to enjoy their children and to participate in hobbies and community activities."

Vaillant's study showed that the retirement years of men who continued their usual employment past the normal age of retirement

"did not result in happiness."

Often, "play" is considered the exclusive realm of children. There is much to be said for encouraging children to develop their social, creative and coordination skills through playing games, organized or not. Parents and teachers may also use play to teach early lessons of faith through school pageants, songs and games.

We might do well to revisit our attitudes toward the role that play can take in our lives. As aging adults, we strive to maintain physical range of motion and mental acuity. Playing sports or working puzzles can help maintain those functions. The older we get, the more we want to keep in touch with

See RETIREMENT, page 16

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EXERCISE

continued from page 13

Classes in Tai Chi, Yoga and Chi Kung are stretching and sustained gentle movements that dramatically improve flexibility and balance. Learning how to defeat stress and develop the ability to relax at will are considered prime benefits of mind-body practice inherent in Yoga, Tai Chi and Chi Kung. These are exercises that can be done in the evening just before retiring for the night. Some can even be done at the edge of the bed or with your buttocks on the floor and your legs resting on the bed. Slow gentle stretching can move the mind from worry and onto more calming natural thoughts. In some instances, it can even induce the onset of sleep.

So why do all these exercises? Why not just sit on the couch and relax? After all, retirement must mean slowing down and being out of the chaotic rat race of the working world.

God created us to be creatures of movement. He

designed us to be mobile on all types of terrain, both flat and undulating. God provided us with a computer-like mind that is able to discern good habits from bad.

So why desecrate our bodies and neglect caring for this wonderful gift from God? He does not want us to destroy our bodies. All the things that can destroy our bodies—such as tobacco use, misusing alcohol, poor diet, inactivity, drug abuse or talking on the cell phone while driving an automobile—can be preventable.

Perceive our bodies as temples. Let us keep a copy of the relevant Scripture reading from the Bible where we can easily access it. Read the following Scripture reading often: "Do you know that your body is a temple of the Holy Spirit within you, which you have from God. You are not your own, you were bought with a price. So glorify God in your body" (1 Cor 6:19-20).

(Thomas J. Rillo is a member of St. Charles Borromeo Parish in Bloomington and a Benedictine oblate of Saint Meinrad Archabbey. He is a retired Indiana University professor with a background in physical fitness.) †

RETIREMENT

continued from page 15

people who are dear to us—even if it is difficult to do so.

Inviting others into our lives and nurturing the relationships we have now can give wonderful comfort and support in the future. Don't approach the retirement years with fear or remorse. Employ a sense of play and humor. Exercise creative problem-solving talents. These can help you find resolution to problems in new and wonderful ways.

In Luke 18:15-17, Jesus draws children to him and encourages all to adopt their kind of faith to reach the kingdom of God. This resonates so profoundly in Scripture and can in our lives too if we accept Christ with childlike openness. Then we open ourselves to all that the Lord can do with us and for us. We can be, as children, in the world but not of it. We can praise God, pray—and play!

Could it be that the older we get, the more benefit we can reap from a strong sense of play—in life and in faith?

(Maureen Pratt writes for Catholic News Service.) †

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PAULINE

continued from page 1

“We are not gathered here to reflect on a past history that is irretrievably surpassed. Paul wants to speak to us—today,” he said.

The year of St. Paul was Pope Benedict’s idea, and he has encouraged local Church communities around the world to read and reflect on the Apostle’s contribution to Scripture.

The pope used his opening homily to do the same, examining three Pauline texts. St. Paul’s Letter to the Galatians, he said, underscored the fact that his own faith was the product of a personal encounter with Jesus Christ. That simple truth is relevant today, the pope said.

“His faith is not a theory, an opinion about God and the world. His faith is the impact of God’s love on his heart. And so this same faith is love for Jesus Christ,” he said.

The pope next pointed to St. Paul’s First Letter to the Thessalonians, in which the Apostle made it clear that announcing the Gospel required courage and was never free from struggle.

The important thing for St. Paul, the pope said, was never to hide the truth or sacrifice it in order to obtain a “superficial harmony.”

Finally, the pope cited St. Paul’s Second Letter to Timothy, in which he reflected on the fact that his years of evangelizing

had brought him suffering.

St. Paul understood that “there is no love without suffering,” and that “in a world in which the lie is powerful, truth is paid in suffering,” the pope said.

After the pope spoke, Patriarch Bartholomew also delivered a short homily, noting St. Paul’s immense influence on the history of the Churches of the East.

In joining the Greek language and the Roman mentality of his time, the patriarch said, St. Paul had freed the Church from any kind of restricted outlook and laid the foundations for the “catholic,” or wide-ranging, scope of its mission.

Earlier in the day, the pope and Patriarch Bartholomew met at the Vatican. In a speech, the pope said he was pleased to learn that the ecumenical patriarch, too, had arranged for a Pauline year for his Orthodox faithful.

The pope said St. Paul’s emphasis on unity applied not only to Christian Churches, but also in a wider sense to a modern culture that is marked by persistent conflicts and divisions.

The contemporary man or woman is confused and in a sense “ensnared by a certain hedonistic and relativistic culture, which places in doubt the very existence of truth,” the pope said. †



Pope Benedict XVI and Orthodox Ecumenical Patriarch Bartholomew of Constantinople arrive for an evening prayer service at the Basilica of St. Paul Outside the Walls on June 28. Joined by other Christian leaders, the pope opened the year of St. Paul, calling the Apostle a model for contemporary Christians.

Healthcare camps are a cool way for students to spend their summer

The Metropolitan Indianapolis-Central Indiana Area Health Education Center (MICI-AHEC) is offering the following interactive camps this summer for students interested in pursuing a career in healthcare:

Science Enrichment and Health Career Camp – July 21-24, 2008

- “Science is Simple” Grades: K-3
 - “Stepping into Science” Grades: 4-7
 - “Beyond Biology” Grades: 8-12
- Program Objectives: Increase knowledge of the human body systems, foster an awareness of health-science connections, facilitate an interest in healthcare careers, encourage healthy life choices and provide opportunities for unique and fun health-science activities.

“Health Care Hoops Camp” Academic Enrichment and Basketball Camp – July 14-17, 2008

Program Objectives: Increase knowledge of math and science through enrichment activities, learn the fundamentals of basketball through drills and activities, increase knowledge of health careers, and foster an awareness of health-science connections.

“Nursing University” – August 4-7, 2008

Program Objectives: Increase knowledge of the nursing field, foster an awareness of health-science connections, demonstrate the practical application of nursing science principles, and provide opportunities for unique and fun nursing.

Follow World Youth Day pilgrims on Criterion Web site

Ninety youths and chaperones will be traveling around the world to Sydney, Australia, from July 9-22 to participate in World Youth Day 2008. Readers can follow their trip on our Web site.

We have set up a special address and blog for the pilgrimage at www.archindy.org/wyd.

Veteran freelance writer Katie Berger, a former youth minister and campus minister, will send updates, photos and thoughts from youths throughout their pilgrimage.

As of now, you can log on to the blog and:

- See the pilgrimage itinerary.
- Learn about the World Youth Day logo.
- See images of the patron saints of the event.
- Get the latest World Youth Day news.
- Link to the official World Youth Day Web site. †

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Rest in peace

Please submit in writing to our office by 10 a.m. Thursday before the week of publication; be sure to state date of death. Obituaries of archdiocesan priests serving our archdiocese are listed elsewhere in *The Criterion*. Order priests and religious sisters and brothers are included here, unless they are natives of the archdiocese or have other connections to it; those are separate obituaries on this page.

BANAYOTE, Benny G., Sr., 96, St. Roch, Indianapolis, June 22. Father of Benny Banayote Jr. Grandfather of three. Great-grandfather of five.

BOYD, Francis M., 70, St. Margaret Mary, Terre Haute, May 20. Mother of Hiawatha Babb. Sister of Joyce Collin, Loretta Gamblin and Omer Jones. Grandmother of three. Great-grandmother of three.

BRYANT, Emma Lou, 74, St. Augustine, Leopold, June 22. Mother of Rebecca Hubert and Dennis O'Donovan Sr. Grandmother of four. Great-grandmother of three.

CANAL, Mary Jo, 87, St. Margaret Mary, Terre Haute, May 26. Mother of Janet Kendall, Bruce, Louie and Steve Canal. Grandmother of 12. Great-grandmother of 13.

FORD, Kenneth Dale, 84, St. Gabriel, Connerville, June 22. Husband of Betty (Ayers) Ford. Father of Beth Chase, Ellen McCune and Charles Ford. Grandfather of six.

HACK, Betty L., 84, St. Gabriel, Connerville, June 21. Mother of Roberta Dix. Grandmother of three.

HOLZER, James Cletus, 88, St. John the Baptist, Osgood, June 6. Husband of Rosella (Meister) Holzer. Father of Patricia Durlacher, Aletha Heaton, Joan Sarringhaus, Marie Strobel, James Jr., John and Mark Holzer. Brother of Rita Cline. Grandfather of 27. Great-grandfather of 53. (correction)

KNUEVEN, Clifford P., 86, St. Mary, Greensburg, June 23. Husband of Luella Knueven. Father of Mary Richards and Bob Knueven. Brother of Charlene Rauch, Msgr. Harold Knueven, Howard, Joe and Willard Knueven. Grandfather of four.

KRAPP, John C., 64, St. Malachy, Brownsburg, June 18. Brother of Elizabeth Higgins, Mary Johnson, Jeanie

Payne, Catherine Weidenbener, Evelyn, James, Joseph and Stephen Krapp.

KRIECH, Ray C., 80, Sacred Heart of Jesus, Indianapolis, June 19. Husband of Elma Kriech. Father of Anthony, Daniel, Joseph, Michael and Thomas Kriech. Brother of Mary Lou Cave. Grandfather of 15. Great-grandfather of nine.

LANCASTER, Michael M., 64, Holy Family, New Albany, June 20. Father of Michael and Troy Lancaster. Brother of Eva Sue Kapfhammer, Patrick and Terence Lancaster. Grandfather of five. Step-grandfather of one.

LANG, Mildred E. (Hoff), 88, St. Michael, Brookville, June 16. Mother of Patty Bischoff, Carolyn Bulach, Mary Jo Fohl, Jim and Richard Lang. Sister of Rosemary Audritsh, David and Thomas Hoff. Grandmother of 17. Great-grandmother of 33. †

Shingo Takura was an employee of Catholic Charities Indianapolis in the Refugee Resettlement Program

Shingo Takura, a Catholic Charities Indianapolis refugee resettlement specialist, died on June 27 while kayaking on the rain-swollen White River in Hamilton County with friends. He was 30.

Takura drowned after his kayak went over Riverwood Dam northeast of Noblesville, Ind.

A native of Yokohama City in the Kanagawa Prefecture in Japan, Takura began working for Catholic Charities as an intern during his senior year at IUPUI.

"He was hired as a resettlement specialist in the refugee program shortly after graduation," said David Bethuram, agency director of Catholic Charities Indianapolis.

"He had been with us for three years," Bethuram said. "Shingo was dedicated to his work, and highly respected by his co-workers and the refugee

families he served.

"He loved working in the refugee program, and always had words of encouragement for newcomers arriving in our city," Bethuram said. "He was a hard worker and loved life—giving everyone he encountered a smile. We will miss him very much."

Joyce Overton, program director of the Refugee Resettlement Program, said he loved living in the U.S., especially in Indianapolis, and was a devoted supporter of the Indianapolis Colts, Indiana Pacers and Indianapolis Mini-Marathon.

"Shingo thrived on new experiences," Overton said. "His laughter and enthusiasm for life will be missed."

Catholic Charities staff member Hellen Sanders said "Shingo will be remembered for his fun-loving personality and generous, giving spirit."

As a friend and co-worker, Sanders said, he was deeply caring, hardworking and dependable.

Catholic Charities staff member Kelly Ellington said "Shingo was dedicated to the



Shingo Takura

Refugee Resettlement Program and the families he served.

"He consistently went the 'extra mile' in serving refugee clients," she said, "and in helping his fellow staff members."

Msgr. Joseph F. Schaedel, vicar general, said archdiocesan employees are "shocked and saddened at the loss of Shingo."

He asked that people "keep Shingo, his family and his co-workers in your prayers."

Takura's relatives live in Japan. Funeral arrangements are incomplete. Archdiocesan officials are planning a memorial service, but have not set a date. †



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The ideal candidates will have a Masters degree in theology, catechetics, or a related field. The Pastoral and Religious Education Associate should have at least two to three years' successful experience related to administration which includes working with people and program planning in church or civic groups. Appropriate experience can serve as an offset to educational levels.

To more thoroughly minister to our emerging needs the Pastoral and Religious Education Associate should be bilingual in both English and Spanish, or be willing to actively increase proficiency in the second language.

Mr. Ken Ogorek
Director of Catechesis
Archdiocese of Indianapolis
1400 North Meridian
Indianapolis, IN 46202

1-317-236-1446, or,
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Qualified candidates should contact:

kogorek@archindy.org

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PASTORAL ASSOCIATE FOR EVANGELIZATION, CATECHESIS

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Cincinnati, Ohio

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The Pastoral Associate for Evangelization and Catechesis is responsible for directing all facets of faith formation for the Immaculate Heart of Mary community. The Evangelization and Catechesis Office and staff administer the Parish Religion and Young Children programs, the Rite of Christian Initiation of Adults process for adults and children, on-going adult and youth faith formation opportunities, family formation, evangelization and Parish renewal, stewardship formation, and catechesis and sacramental preparation for Baptism, Confirmation, Eucharist and Reconciliation.

The candidate for this position must have capabilities in the following: Theology, Program Development, Catechesis Development, Education, Communication and Relationships, Administration and Management of a full and part time staff.

The candidate should have a Masters degree in Theology, Religious Education, or Religious Studies. The candidate must also hold an Archdiocese of Cincinnati Catechetical Leader Certificate for a DRE or be eligible to obtain this certificate.

A competitive salary is offered that will be commensurate with the candidates experience and education.

Applications may be emailed to pastor@ihom.org or mailed by July 31 to:

Immaculate Heart of Mary Parish
Attn: Search committee
7820 Beechmont Ave.
Cincinnati, OH 45255

Bishop Chatard High School

Director of Annual Giving New Position – Part-time

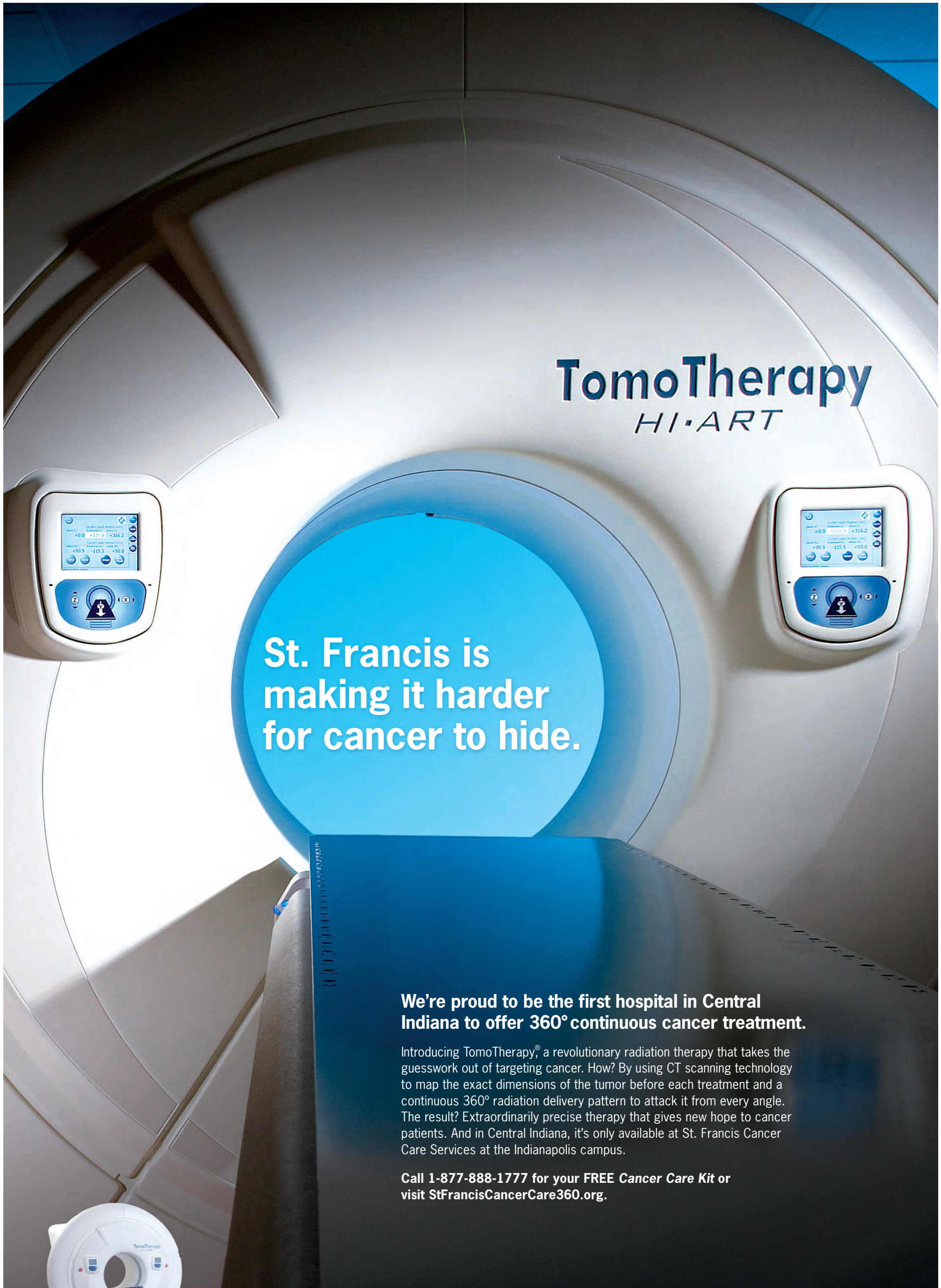
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Interested applicants are invited to e-mail or send a letter of interest and resumé to:



Elberta Caito
Bishop Chatard High School
5885 Crittenden Ave.,
Indianapolis, IN 46220.
E-mail: ecaito@BishopChatard.org
Phone: (317) 251-1451 Ext. 2234.
Deadline for submission is July 18, 2008.



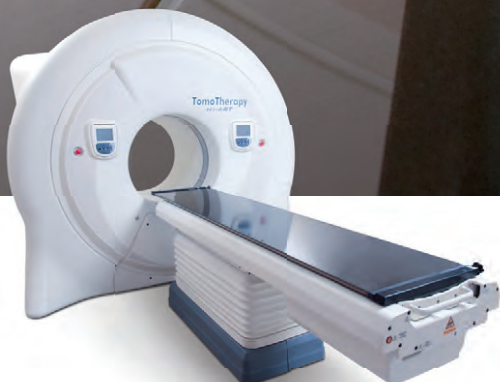
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